

Observe Others using the DiSC Profile

Application Exercise for Reflection

1. Observe the Behavior of Others:

Use your people reading skills to find (by observation only) at least two examples where other people are displaying each of the four DiSC behavior styles.

Dominance:

Example # 1: _____

Example # 2: _____

Influence:

Example # 1: _____

Example # 2: _____

Steadiness:

Example # 1: _____

Example # 2: _____

Conscientiousness:

Example # 1: _____

Example # 2: _____
